

## Fall 2021, HIST 4495.001 US Food History (INET)

### Instructor and TA Contact

- Instructor: Professor Jennifer Jensen Wallach
- Office Hours: Tuesday 11:00-12:00 and by appointment
- Email: [jennifer.wallach@unt.edu](mailto:jennifer.wallach@unt.edu)
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- TA: Joshua Lopez (TA for students with last names A-K)
- Office Hours: Thursdays 9:00-10:00 and by appointment
- Email: [JoshuaLopez4@my.unt.edu](mailto:JoshuaLopez4@my.unt.edu)
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- TA: Nathalie Ross (TA for students with last names L-Z)
- Office Hours: Wednesdays 11:00-12:00 and by appointment
- Email: [NathalieRoss@my.unt.edu](mailto:NathalieRoss@my.unt.edu)
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### Communication Expectations

Josh Lopez, Nathalie Ross, and I will each hold one hour of email office hours each week. That means we will each be at our computer and ready to send you a quick response to any questions at that time. By appointment, we would each be happy to also meet via Zoom either during our office hours or another time.

If you have a general question about the course or assignments, please post it to the [Ask Your Questions!](#) discussion board. Either Joshua Lopez, Nathalie Ross, or I will answer it, or, one of your classmates will. This way we can all benefit from questions asked, and they can be answered in a venue that the whole class can see.

If you have a private question, please first email Joshua Lopez (TA for students with last names A-K) or Nathalie Lopez (TA for students with last names L-Z) who will get in touch with me if an issue comes up that he cannot easily resolve. One of us will typically respond within 24 hours Monday-Friday, but we won't regularly answer emails on the weekend.

Normally, your written assignments will be graded within one week. However, if we cannot complete the grades that quickly, we will post an Announcement to let everyone know what the timeline is.

Please see some valuable online communication tips here: [Online Communication Tips](#), which provide guidance on how to best communicate via email or on discussion boards.

### Course Description

This class will cover many aspects of US food history from the time of European contact up through the present.

In this course, we will pay some attention to the specific histories of various food items—when and where they were produced and eaten. However, we also look for meanings embedded in various food practices, using the culinary sphere as a lens for gaining a better understanding of U.S. cultural history.

The overarching theme of this course will be that of “identity.” Food practices have been used to denote racial, ethnic, and regional backgrounds; class positions and aspirations; and political and other ideologies. As we survey American food history from the colonial era through the present, we will pay particular attention to what food practices can tell us about evolving ideas about American identity.

Our examination of the history of food will inevitably also lead us to the present and to the future. We will use our knowledge to look to the foodways of the future. What challenges, dangers, and exciting promises do we see in the future of American food and eating?

### Course Structure

This course takes place 100% online. The course consists of 15 modules, or one module for each week of the semester.

### Course Prerequisites or Other Restrictions

There are no prerequisites for this course.

### Course Objectives

Upon successful completion of this course, learners will be able to:

1. Recall key aspects of US food history.
2. Identify the influence of various racial and ethnic groups on US food habits.
3. Contrast different ideas about "American" cuisine.
4. Apply frameworks such as race, gender, sexuality, ethnicity, region, and class to US food history.
5. Evaluate the meanings embedded in various food choices.
6. Formulate ideas about the current food system and food culture.

### Materials

Carol J. Adams, *Burger* (New York: Bloomsbury, 2018).

Charlotte Biltekoff, *Eating Right in America: The Cultural Politics of Food and Health* (Durham: Duke University Press, 2013.)

Megan Elias, *Food on the Page: Cookbooks and American Culture* (Philadelphia: University of Pennsylvania Press, 2017).

Links to other reading or viewing materials will be provided in each module.

## Technical Requirements & Skills

### Minimum Technology Requirements

Provide a list of the minimum technology requirements for students, such as:

- Computer
- Reliable internet access
- Speakers
- Microphone (if you wish to meet with your professor or TAs via Zoom)
- Plug-ins
- Microsoft Office Suite
- [Canvas Technical Requirements](https://clear.unt.edu/supported-technologies/canvas/requirements) (<https://clear.unt.edu/supported-technologies/canvas/requirements>)

### Computer Skills & Digital Literacy

Provide a list of course-specific technical skills learners must have to succeed in the course, such as:

- Using Canvas
- Using email with attachments

### Rules of Engagement

- Treat your instructor, your TAs, and classmates with respect in email or any other communication.
- Use clear and concise language.
- Remember that all college level communication should have correct spelling and grammar (this includes discussion boards).
- Avoid texting abbreviations such as “u” instead of “you.”
- Use standard fonts such as Ariel, Calibri or Times new Roman and use a size 10 or 12 point font
- Be cautious when using humor or sarcasm as tone is sometimes lost in an email or discussion post and your message might be taken seriously or sound offensive.
- Be careful with personal information (both yours and other’s).

See these [Engagement Guidelines](https://clear.unt.edu/online-communication-tips) (<https://clear.unt.edu/online-communication-tips>) for more information.

### Policy about Recorded Lectures

All recorded lectures are the intellectual property of the university or instructor and are reserved for use only by students in this class and only for educational purposes. Students may not post or otherwise share the recordings outside the class, or outside the Canvas Learning Management System, in any form. Failing to follow this restriction is a violation of the UNT Code of Student Conduct and could lead to disciplinary action.

## Success in an Online Course

While the online classroom shares many similarities with the face-to-face classroom, success in online education requires certain skills and expectations that students may not be aware of. Consider providing tips for success based on your own online teaching and learning experiences. You can also include a link to or adapt tips from this webpage for students, [“How to Succeed as an Online Student”](https://clear.unt.edu/teaching-resources/online-teaching/succeed-online) (<https://clear.unt.edu/teaching-resources/online-teaching/succeed-online>).

## Getting Help

### Technical Assistance

Part of working in the online environment involves dealing with the inconveniences and frustration that can arise when technology breaks down or does not perform as expected. Here at UNT we have a Student Help Desk that you can contact for help with Canvas or other technology issues.

**UIT Help Desk:** [UIT Student Help Desk site](http://www.unt.edu/helpdesk/index.htm) (<http://www.unt.edu/helpdesk/index.htm>)

**Email:** [helpdesk@unt.edu](mailto:helpdesk@unt.edu)

**Phone:** 940-565-2324

**In Person:** Sage Hall, Room 130

**Walk-In Availability:** 8am-9pm

**Telephone Availability:**

- Sunday: noon-midnight
- Monday-Thursday: 8am-midnight
- Friday: 8am-8pm
- Saturday: 9am-5pm

**Laptop Checkout:** 8am-7pm

For additional support, visit [Canvas Technical Help](https://community.canvaslms.com/docs/DOC-10554-4212710328) (<https://community.canvaslms.com/docs/DOC-10554-4212710328>)

### Student Support Services

UNT provides mental health resources to students to help ensure there are numerous outlets to turn to that wholeheartedly care for and are there for students in need, regardless of the nature of an issue or its severity. Listed below are several resources on campus that can support your academic success and mental well-being:

- [Student Health and Wellness Center](https://studentaffairs.unt.edu/student-health-and-wellness-center) (<https://studentaffairs.unt.edu/student-health-and-wellness-center>)
- [Counseling and Testing Services](https://studentaffairs.unt.edu/counseling-and-testing-services) (<https://studentaffairs.unt.edu/counseling-and-testing-services>)
- [UNT Care Team](https://studentaffairs.unt.edu/care) (<https://studentaffairs.unt.edu/care>)
- [UNT Psychiatric Services](https://studentaffairs.unt.edu/student-health-and-wellness-center/services/psychiatry) (<https://studentaffairs.unt.edu/student-health-and-wellness-center/services/psychiatry>)

- [Individual Counseling](https://studentaffairs.unt.edu/counseling-and-testing-services/services/individual-counseling) (https://studentaffairs.unt.edu/counseling-and-testing-services/services/individual-counseling)

Other student support services offered by UNT include

- [Registrar](https://registrar.unt.edu/registration) (https://registrar.unt.edu/registration)
- [Financial Aid](https://financialaid.unt.edu/) (https://financialaid.unt.edu/)
- [Student Legal Services](https://studentaffairs.unt.edu/student-legal-services) (https://studentaffairs.unt.edu/student-legal-services)
- [Career Center](https://studentaffairs.unt.edu/career-center) (https://studentaffairs.unt.edu/career-center)
- [Multicultural Center](https://edo.unt.edu/multicultural-center) (https://edo.unt.edu/multicultural-center)
- [Counseling and Testing Services](https://studentaffairs.unt.edu/counseling-and-testing-services) (https://studentaffairs.unt.edu/counseling-and-testing-services)
- [Pride Alliance](https://edo.unt.edu/pridealliance) (https://edo.unt.edu/pridealliance)
- [UNT Food Pantry](https://deanofstudents.unt.edu/resources/food-pantry) (https://deanofstudents.unt.edu/resources/food-pantry)

#### Academic Support Services

- [Academic Resource Center](https://clear.unt.edu/canvas/student-resources) (https://clear.unt.edu/canvas/student-resources)
- [Academic Success Center](https://success.unt.edu/asc) (https://success.unt.edu/asc)
- [UNT Libraries](https://library.unt.edu/) (https://library.unt.edu/)
- [Writing Lab](http://writingcenter.unt.edu/) (http://writingcenter.unt.edu/)
- [MathLab](https://math.unt.edu/mathlab) (https://math.unt.edu/mathlab)

#### Course Requirements

Assignment	Points Possible	Due Date
Module 1: Quiz	20	8-27-21
Module 1: Discussion	40	8-25 & 8-27-21
Module 2: Quiz	20	9-3-21
Module 3: Quiz	20	9-10-21
Module 3: Discussion	50	9-8 & 9-10-21
Module 4: Quiz	20	9-17-21
Module 5: Quiz	20	9-24-21
Cookbook Analysis Deadline #1	20	9-24-21
Module 6: Quiz	20	10-1-21
Module 6: Discussion	50	9-29 & 10-1-21
Module 7: Quiz	20	10-8-21
Module 8: Quiz	20	10-15-21
Module 8: Discussion	50	10-13 & 10-15-21
Cookbook Analysis Deadline #2	50	10-22-21
Module 10: Quiz	20	10-29-21
Module 10: Discussion	50	10-27 & 10-29-21

Module 11: Quiz	20	11-5-21
Module 12: Quiz	20	11-12-21
Module 13: Quiz	20	11-19-21
Module 13: Discussion	50	11-17 & 11-19-21
Module 14: Quiz	50	12-2-21
Module 14: Discussion	50	11-30 & 12-2-21
Cookbook Analysis Deadline #3	100	12-8-21
<b>Total:</b>	800	

## Grading

A = 725-800 points

B = 650-724 points

C = 575-649 points

D = 500-574 points

F = Below 500 points

## Course Policies

### Assignment Policy

The due dates for each assignment, quiz, and discussion are listed on the syllabus and appear in each module. Each module includes a link to the assignment, quiz, and or discussion, and you can see the due dates there also. Please note that each discussion post assignment has *two* due dates. The first is the due date for the first post. The second is the due date for your second post.

This course will utilize Turnitin to evaluate the cookbook analysis paper or plagiarism.

The University is committed to providing a reliable online course system to all users. However, in the event of any unexpected server outage or any unusual technical difficulty which prevents students from completing a time sensitive assessment activity, the instructor will extend the time windows and provide an appropriate accommodation based on the situation. Students should immediately report any problems to the instructor and contact the UNT Student Help Desk: [helpdesk@unt.edu](mailto:helpdesk@unt.edu) or 940.565.2324 and obtain a ticket number. The instructor and the UNT Student Help Desk will work with the student to resolve any issues at the earliest possible time.

### Late Work

You have a week to complete the assignments for each module. I realize that there may be occasions—whether due to religious observances and holy days, other excused UNT absences, health reasons, or other issues—when you may require an extension.

Except under unforeseen or unusual circumstances work will not be accepted unless the student has an acceptable excuse and prior arrangements have been made. Please contact a TA or the professor to ask for an extension *before* a deadline is missed so that we can accommodate you.

We want you to do well, so please keep the lines of communication open and give us the information we need to support you should circumstances arise that make it difficult for you to stay on schedule.

## UNT Policies

### Academic Integrity Policy

Academic Integrity Standards and Consequences. According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from admonition to expulsion from the University.

### ADA Policy

UNT makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide a student with an accommodation letter to be delivered to faculty to begin a private discussion regarding one's specific course needs. Students may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. For additional information see the [ODA website](https://disability.unt.edu/) (<https://disability.unt.edu/>).

### Emergency Notification & Procedures

UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to Canvas for contingency plans for covering course materials.

### Schedule

Each module contains a To Do list that gives explicit instructions about how to complete each module, including required reading or viewing and any assignments. This is a general overview of the topic and timeframe for each module.

Module 1: Colonial Culinary Encounters between Europeans and Native Americans, August 23-27, 2020

Module 2: Food and the Founding, August 30-September 3, 2021

Module 3: The Foodways of Slavery, September 7-10, 2021

Module 4: Food and the Expanding American Empire, September 13-17, 2021

Module 5: Introduction to the Cookbook Analysis Assignment, September 20-24, 2021

Module 6: The American Palate and Immigration, September 27-October 1, 2021

Module 7: Technological Innovations and the Ascendancy of Industrial Foods, October 4-8, 2021

Module 8: Outsourcing the Domestic Sphere and Creating Domestic Scientists, October 11-15, 2021

Module 9: Cookbook Analysis Paper Bibliography and Thesis Statement, October 18-22, 2021

Module 10: Food, Race-making and Culinary Proprietorship, October 25-29, 2021

Module 11: Women, the World War II Food Front, and the Triumph of the Idealized Housewife, November 1-5, 2021

Module 12: Gender, Sexuality, and Food, November 8-12, 2021

Module 13: Nutrition, Body-Size, and Changing Advice and Standards, November 15-19, 2021

Module 14: Ethics, Politics, and the Contemporary Diet, November 22-December 2, 2021

Module 15: Cookbook Analysis Paper Deadline December 8, 2021